

MOTHER/CHILD CLUSTER

NEONATAL INTENSIVE CARE UNIT

DELTA SITE - 02/434.82.03

**NEURO-DEVELOPMENTAL
FOLLOW-UP FOR
PREMATURE INFANTS**



CHIREC - SITE DELTA
Boulevard du Triomphe, 201-1160 Brussels



Surname, First name:

Born on at : AM/PM

Place of birth:

Atweeks

With a birth weight ofgrams



WELCOME TO THE NEONATAL CARE UNIT

Dear parents,

Welcome!

Your baby was born earlier than expected and has been welcomed into our neonatal unit.

Neonatologists, nurses, and paramedics will do their utmost to ensure that your baby develops in the best possible way, the team is there to reassure you at every step.

He or she will receive daily care and you will see, day by day, continuous progress towards the long-awaited moment:
the discharge from hospital.

However, given his or her prematurity, your baby's development will need to be monitored up to 5^{1/2} old. This will allow the follow-up team to arrange any appropriate support that may be necessary.

BEFORE BEING DISCHARGED

Medical check-up invoiced with hospitalisation:

- Medical check-up
- Visit of the "Boboth" physiotherapist, Ms. Guislain Bénédicte.
- Psychological follow-up by one of our child psychiatrists or psychologists.
- Visit by Ms. Camille Schlogel (psychologist) who will explain to you in details how your baby will be monitored.

AFTER BEING DISCHARGED

Price for consultation: +/- 215€ - Reimbursement: 196,27€

After discharge, a child psychiatrist will observe your baby according to the T.B. Brazelton theory.

The purpose of this observation is to assist you in discovering your baby, to highlight his/her skills and qualities, and detect the signs that you will be able to interpret in order to meet his/her needs and help him/her to become accustomed to a new environment.

In order for this observation to be realized in a comfortable and appropriate setting, your baby should have eaten ideally two hours before observation and be asleep.

DURING THE FIRST YEAR

A hearing test is planned within the first year.
A letter will be sent to you in due course.



DEVELOPMENTAL FOLLOW-UP FOR PREMATURE BABIES

Our team is composed as follows:

A paediatrician: Dr CIARDELLI Roberta
(Tariff of a paediatric consultation)

A neuropsychologist: Ms. SCHLOGEL Camille
(Covered by national health insurance)

A physiotherapist: Ms. GOFFART Anne
(Covered by national health insurance)

A speech therapist: Ms. SMETS Marie
(Covered by national health insurance)

Our secretary: Ms. GUILLAUME Michèle

Visits within the framework of the INAMI convention on monitoring the development of extremely premature babies:

Two groups of babies are concerned:

- **Gr I :** < 31 weeks and/or < 1500gr
4 check-ups
- **Gr II :** 31 to 31^{6/7} with a weight > or = to 1500 gr
2 check-ups (check-up D + one determined by the paediatrician)

Check-up A: between 3 and 6 months
Paediatrician, Neuropsychologist, Physiotherapist

Check-up B: between 9 and 14 months
Paediatrician, Neuropsychologist, Physiotherapist

Check-up C: between 22 and 25 months
Paediatrician, Neuropsychologist (2x), Physiotherapist

Check-up D: between 4 ½ and 5 ½ years
Paediatrician, Neuropsychologist (2x), Physiotherapist, Speech therapist

Allow for 1 hour per consultation, so set aside enough time!



REGULAR CHECK-UPS

- **Ophthalmologist:** Dr KADZ Barbara / 1x per year (at DELTA)
- **ENT:** between 7 and 12 months, then between 18 and 24 months. (Doctor and place of your choice)

MAKING AN APPOINTMENT

All appointments will be booked by our secretary and your neonatologist will inform you of the dates and times when your baby is discharged from the neonatal care unit. The necessary prescriptions will be enclosed.

If any of the appointments do not suit you or if your child is ill on the day, please inform our secretary (Ms Michèle Guillaume) on 02/434.82.05. You can also contact her by e-mail: neonatologie.delta@chirec.be.

In the absence of the secretary, you can call the consultations department directly on **02/434.81.00**

The secretary will contact you to set up future appointments or you call her (see dates of the upcoming appointment at the end of the brochure). Please fill out the attached questionnaire entitled "My details" and hand it into the secretary before discharge.

*If you have any questions, do not hesitate to put them to us,
we are always here for you.*

*We wish you every happiness
as you take your baby home to discover
the world together.*

See you soon...



NEXT APPOINTMENTS

- **Brazelton at the Delta Hospital (located on the 1st floor) - 02/434.81.00**

On at

Dr

- **Bobath physiotherapist on the 1st floor of the Delta Hospital - 02/434.81.00**

On at
with Ms. GUISLAIN Bénédicte

- **In +/- 3 months on the 1st floor of the Delta Hospital - 02/434.81.00**

On at
with Ms. SCHLOGEL Camille (neuropaediatrics consultations)

On at
with Ms. GOFFART Anne (physiotherapist consultations)

On at
with Dr CIARDELLI Roberta (neuropaediatrics consultations)

OTHERS

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GOOD TO KNOW

- The INAMI subjects us to strict conditions for reimbursements, which is why it is important to respect the imposed procedure.
- Remember to bring your child's "vignettes" to each appointment.



PLEASE NOTE

The next appointments are scheduled around:

Check-up A.....

Check-up B.....

Check-up C.....

Check-up D.....

If the secretary does not contact you, do not hesitate to call her as an oversight is always possible ...



CHIREC HOSPITAL GROUP



Site DELTA

Boulevard du Triomphe, 201 - 1160 Brussels
☎: 02 434 81 11



Site ST-ANNE ST-REMI

Boulevard Jules Graindor, 66 - 1070 Brussels
☎: 02 434 31 11



Site BRAINE-L'ALLEUD - WATERLOO

Rue Wayez, 35 - 1420 Braine-l'Alleud
☎: 02 434 91 11



BASILIQUE Clinic

Rue Pangaert, 37-47 - 1083 Brussels
☎: 02 434 21 11



EDITH CAVELL Medical Centre

Edith Cavellstraat, 32 - 1180 Brussel
☎: 02 434 43 33



PARK LEOPOLD Medical Centre

Rue Froissart, 38 - 1040 Brussels
☎: 02 434 59 11



EUROPE - LAMBERMONT Medical Centre

Rue des Pensées, 1 - 5 - 1030 Brussels
☎: 02 434 24 11



CityClinic CHIREC Louise

Avenue Louise, 235B - 1050 Brussels
☎: 02 434 20 00



Site JEAN MONNET Medical Centre

Avenue Jean Monnet, 12 - 1400 Nivelles
☎: 02 434 79 11