Information Brochure
Belgium’s strength in medical care.

- Belgium is renowned for the quality of care provided. Hospitals boast cutting-edge technology and employ highly qualified staff.
- Belgium is internationally recognised for its eminent scientists and physicians.
- Belgium is an innovator in many fields; Belgian doctors and scientists are pioneers in medical researches.
- Belgian doctors have internationally recognised qualifications and usually speak several languages.
- The hospital network, the private medicine system and the excellent ratio of doctors to inhabitants (more than 4 doctors per 1,000 inhabitants) ensure swift and efficient treatment and minimize the waiting lists.
- Care accessible to all: the prices, even in a private institution, are markedly lower than the European average. Patients are also free to choose their own physician.

Why choose Brussels?

- Brussels is ideally situated: one hour and twenty minutes from Paris, one hour fifty minutes from London and two hours and thirty minutes from Amsterdam.
- Capital of Europe, Brussels is home to many international companies and European institutions.
- Whilst having a friendly, community feel, Brussels is also a city of international stature. Various green residential areas make for a very pleasant living environment, with easy access.
- Brussels is also well-known for the beauty of its historic buildings and the magnificence of its museums. Art and architecture are everywhere you turn.
- The quality of Belgian gastronomy and the wide choice of luxury hotels will satisfy the most discerning tastes.
The Centre Hospitalier Interrégional Edith Cavell, or Chirec, consists actually of 5 hospital sites and 2 medical centres. In 2017, Chirec will evolve into 3 hospital sites and 5 medical centres.

An overview of Chirec in figures:

- 1,100 beds
- 4,000 collaborators including 1,170 MDs
- 44,000 hospitalisations / year
- 53,000 admissions one day / year
- 5,400 births / year

Chirec’s different sites:

- 4 Clinics in Brussels:
  - Edith Cavell Clinic (Uccle - South of Brussels)
  - Parc Léopold Clinic (Etterbeek - centre / East of Brussels)
  - Basilique Clinic (Ganshoren - West of Brussels)
  - Ste-Anne St-Remi Clinic (Anderlecht - West of Brussels)

- 2 polyclinics in Brussels:
  - Europe-Lambermont (Schaerbeek - North of Brussels)
  - City Clinic Chirec Louise (Center of Brussels)

- 1 hospital in Walloon Brabant:
  - Hospital Braine-l'Alleud - Waterloo (20 kilometres South of Brussels)

A new hospital Delta for 2017:

- Delta hospital:
  - Bld. du Triomphe, 175 - 214 / 1160 Brussels
Chirec : Description of the hospital group

- Description of the hospital group
- Philosophy
- Medical and surgical specialties
- Medical Poles
- Departments
- Paramedical services
- Patient-centered medicine
- High technology
- Quality labels
- Training in advanced techniques
- The CARE Foundation
- The CHIRAN Foundation

Comfort - Well-being
- Rooms
- Private nursing
- Consultation cabinets
- Facilities

Chirec Medical and Surgical Specialties
- Orthopaedic Centre
- Hand and upper limb surgery Centre
- Neurosurgery Centre
- Ophthalmology Centre
- Mother & Child Centre
- Centre for Medically Assisted Procreation (MAP)
- Obesity Centre
- Chirec Cancer Institute
- Plastic Surgery Centre

Our perspective 2017
- A new Hospital in Brussels

Contact
- Chirec Contact for International Patients
Chirec is a hospital organisation which attaches considerable importance to:

- **High-quality private medicine** based on a **personal approach**, respecting the patient's freedom of choice and offering transparent tariffs.
- A **multidisciplinary, patient-centred** organisation, which aims to meet the majority of the patient's needs and to facilitate access to medical specialists.
- An exemplary, leading centre with a clear scientific character, involved in **numerous partnerships** with University centres and enjoying universal recognition.
- **Competent, well-motivated staff**, who engages successfully in large number of innovative projects and is engaged in continuous training.
- A modern medical infrastructure, with the **latest technological facilities** for both diagnosis and treatment.
- A comfortable, flexible accommodation infrastructure, offering a **wide range of personalised services and easy access** (car parking, metro, bus, road infrastructure, etc).

**Philosophy**

Our philosophy is based upon the following principles:

/ **PERSONAL APPROACH**
As private hospital, we stress on the importance of dialogue between doctors and patients. Throughout his treatment, each patient is directly followed by one referring doctor.

/ **QUALITY AND SAFETY**
We put quality processes in place and monitor the patients' safety. There is also a strong emphasis on hospital hygiene.

/ **SCIENTIFIC DYNAMISM**
Since 2004 a medical research foundation - the CARE Foundation - has been in place, allowing our specialists to further develop their expertise. Our specialists also organise a number of international conferences.

/ **CONSIDERATION AND RESPECT**
We respect all decisions made by our patients and their families about their care and we take everyone's religious and cultural beliefs into consideration.
Chirec Medical and Surgical Specialties

The group provides all medical and surgical fields (except cardiac surgery and interventional cardiology transplantations). Chirec is developing different collaborations with other hospital groups to enhance the quality of the patient’s care in every field. The medical approach is multidisciplinary, while remaining personalised. We value the relationship between doctors and patients.

- The medical organisation is under the form of poles to better enclose the expectations of our patients.

Chirec Medical Poles

- **Head and Neck Pole**: Ophthalmology - Ear Nose Throat - Maxillo-Facial - Stomatology - Dentistry.
- **Visceral Pole**: Gastroenterology - Digestive Surgery - Urology - Gynecology.
- **Thoracic and Vascular Pole**: Cardiology - Pulmonology - Thoracic and Vascular surgery.
- **Locomotor Pole**: Ortho-Trauma - Revalidation - Rheumatology - Physiotherapy.

- Specialties that fall outside the poles are grouped under departments.

Chirec Departments

- **Anesthesiology**
- **Biology Clinic**
- **Acute medicine**: Emergency - Intensive care
- **Neuroscience**: Neurology - Psychiatry - Neuropsychiatry - Neurosurgery - Pain Clinic - Lab for sleep disorder
- **Geriatry**
- **Metabolics**: Nephrology - Endocrinology - Diabetology - Internal medicine
- **Medical imaging**: Radiology - Nuclear medicine - Echography - Mammography
- **Oncology**: Radiotherapy

Other Chirec Specialties

- **Plastic Surgery**
Paramedical Services

- Dietetics
- Ergotheraphy
- Physical therapy
- Psychology
- Sexology
- Social service
- Speech therapy

A patient-centred medicine

« We focus our attention on the patient and his/her comfort ».

Chirec hospitals provide to patients an easy access to confirmed specialised doctors in various disciplines and highly technical equipment (such as MRI, PET scan, radiation therapy, ...). They are recognised for their integrated teams in many different fields such as the Chirec Cancer Institute, hand surgical clinics and ophthalmology, orthopaedic surgery centres, the Chirec Obesity Clinic, and robotic surgery. Our clinical laboratories and our imaging services are at the cutting edge of technology. Our maternity wards perform more than 5,400 births / year.

A modern medical organisation is set in place today throughout all our sites. It combines, in poles divided by type of illnesses, doctors and nurses manned by a managerial binome (1 MD + 1 Nurse). Therefore, patients have coordinated care throughout their treatment. Thanks to these personal relationships the patients will receive care quickly, without any waiting lists.
High Technology

Each year Chirec acquires the latest medical and technical equipment.
- The group has acquired a number of scanners: 1 CT Scan «128 barrettes» and 3 scanners «64 barrettes».
- Chirec has the latest new PET-CT scan.
- 3 IRM (MR symphony TIM 1.).
- 5 digital mammographies.
- Radiotherapy has 1 CT Scan «Virtual Simulation Open Sensation».
- 2 Linear accelerators.
- Chirec is also known for Robotic surgery (Da Vinci).

Quality labels

Chirec has been awarded a number of quality labels. Our aim is to keep up high performance continuously.

/ MATERNITY : «Baby Friendly Hospital» Label

/ MEDICAL & TECHNICAL SERVICES : «Service Level Agreement» (SLA)
/ OPERATING THEATRES ISO 5 & 7

Training in advanced techniques

Our specialists participate in and organise international conferences to remain at the forefront of the latest techniques. Our staff are trained in the latest technologies and regularly undertake trainings to be at the forefront of scientific advances.
The CARE Foundation

A medical research unit - the CARE Foundation - was set up in 2004 to meet the needs of the Chirec medical community. Several of our specialists have acquired a national, and even international reputation, not only as teaching professors at Belgian and foreign universities, but also for the quality of their research and numerous scientific publications, and different engagements.

Nowadays, clinical research has become an indispensable tool: hospitals have to invest in innovation and research in order to maintain and publicise their high standards of excellence and ensure the best possible care.

However, a private institution can only take up this challenge with the help of private funding.
The CHIRAN Foundation

THE OBJECTIVES OF THE CHIRAN FOUNDATION ARE:

- Continuous training of staff to keep up to date with developments in hospital techniques and medical specialities.
- Quality of care and competence and expertise of the healthcare teams.
- The humanisation of patient-caregiver relations during hospitalisation.
- Enhancing the image of the profession and developing the loyalty of nurses within CHIREC.

Together, let’s take up the challenge.

Our desire is to help our patients have the best stay in our hospital, giving priority to “welcome, competence and empathy”. It is therefore very important that our healthcare teams have access to continuous training in the target areas. This has led to the founding of CHIRAN Foundation, “Action for nursing”, making it possible for the patient to contribute to the realisation of our objectives.
• Rooms
• Private Nursing
• Consultations
• Facilities

Comfort - Well-being

Chirec Medical and Surgical Specialties
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Our perspective 2017
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Contact
• Chirec Contact for International Patients
Rooms:

Individual rooms: Warm decoration, Wifi, TV.

Private Nursing:

On patient's request, the nursing department of Chirec can provide a private nurse 24hr / 24hr and 7 days / 7 days. Please note that the private nursing is a paying service.

Consultation cabinet offices:

Spacious and comfortable.
Facilities:

- **«Tasty» Shop - Cafeteria:**

  A pleasant relaxation area for our patients and their families where they can enjoy quality food from breakfast onwards in a welcoming environment.

  **Services:** Food/restaurant/ breakfast/ room delivery/press shop/ coffee/ terrace /convenient store/ baker shop/ toys/ delicatessen/ flowers.

  **Website:** [www.tasty.pro](http://www.tasty.pro)

- **Private concierge:**

  For other non-medical requirements (e.g., hairdresser, private chauffeur, special diet or decorative items), the services of the concierge associated with our hospital group are available.

  Please note that these are paying services.

  **Website:** [www.privateconcierge.be](http://www.privateconcierge.be)

«Special menus can be prepared at your convenience to meet your needs, whether they are medical, religious, philosophical or dietary (vegetarian, vegan, etc.).»
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Chirec Medical and Surgical Specialties

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Orthopaedic Centre

- **DESCRIPTION** :

The Chirec Orthopaedic Surgical Department is one of the largest in Europe, with more than 17,000 surgical interventions per year. Our surgeons have been at the forefront in the development of new surgical reconstruction techniques. They also have an international recognition and have access to the latest surgical resources and technologies allowing them to offer a wide array of treatment options.

- **PERFORMANCE** :

Average interventions per year:

- Shoulder Surgery: 1,200
- Knee Surgery: 4,400
- Hip Arthroplasty: 1,500
- Spinal Surgery: 770
- Foot Surgery: 1,900
- ...

We are among the largest Arthroplasty Centre in Belgium.

- **THE MEDICAL TEAM** :

Our doctors form a blend of general orthopaedic surgeons and specialists focusing solely on foot, ankle, knee, hand, shoulder, spine disorders, sport medicine and total joint reconstructions. The patients benefit from a multidisciplinary discussion of their therapeutic requirements.
Hand and Upper Limb Surgery Centre

- **DESCRIPTION:**

The Hand Surgery Centre was founded in 1980 at Leopold Park Clinic.

The efficiency hand treatment and hand injuries imposes a multidisciplinary approach by specialised general, orthopaedic and plastic surgeons in close association with rheumatologists, electrophysiologists and physical therapists.

We also have scientific activities at national and international levels through original research projects and through active participation in congresses. The Centre is affiliated to the «Fédération Européenne des Services Urgences Main» which federates European Hand Surgery Centres so that, through the qualifications and number of their surgeons as well as through the quality of their equipment can handle all emergencies, particularly replantations, 24 hr / day 7 / 7.

- **OUR ACTIVITY IN FIGURES:**

- 28,000 visits / year
- 6,000 operations / year
- 3,000 emergencies / year
- 14,300 treatments / year
- 1,600 Orthesis / year
- 60 patients cared / day
Neurosurgical Centre

- DESCRIPTION:

High quality medicine and personalised patient care have allowed Chirec to become one of the leading private neurosurgical departments in Belgium. Thanks to a permanent collaboration between neurologists and neurosurgeons, we offer a combined medical and surgical approach while state-of-the-art technical equipment allows us to treat the entire panel of neurological and neurosurgical diseases. Our activity focuses on different specialities:

**Spine**: Degenerative and traumatic spinal surgery, disc protheses, complex cervical surgery, spinal cancer surgery, medullar tumours, vertebroplasty and percutaneous kyphoplasty, open or minimally invasive percutaneous spinal arthrodesia ...

**Skull**: Oncological surgery, gliomas, skull base tumours, hypophyseal; cranial trauma, vascular neurosurgery, aneurysm embolisation, hydrocephalus ...

**Pain**: Treatment for Failed Backs, Neuromodulation, cortical stimulation, and treatment for trigeminal neuralgia.

The constant evolution of spinal surgery enables us to offer our patients, when surgery is needed, efficient treatments for cervical or lumbar disc herniations, spine arthritis, deformities and tumours. We perform most types of spinal surgical procedures from microsurgical approaches to complex spinal fusion. To treat brain tumours, we use operative microscope, ultasonic aspirator, neuronavigation and stereotaxy (computer assisted surgery). This allows millimetre precision, minimally invasive surgery, and increased chances of success. The new operating room (ISO 5) is equipped with last generation equipment, with a fluoroscope.

Through a close collaboration with the department of interventional neuroradiology and their 3D cerebral angiogram techniques, we are now able to offer endovascular treatment of aneurysms and cerebral arteriovenous malformations to selected patients, avoiding more aggressive neurosurgical procedures and allowing shorter stays in the hospital.

We are also able to treat such diverse conditions as hydrocephalus, spinal and cerebral trauma, peripheral nerve diseases (in collaboration with the Hand surgery Department) or even chronic pain.

The Pain Clinic and the department of neurosurgery also deal with the assessment and treatment of patients eligible for Surgical Treatment of Pain by neurostimulation.
Patients presenting with malignant brain or spine tumours are operated by our neurosurgeons, then referred if needed to the department of radiotherapy of the E. Cavell Clinic or the Gamma Knife at the Erasmus University Hospital, while still being followed up by their Chirec surgeon. The Brussels neurosurgery centre collaborates with the department of neurosurgery of the Erasmus University Hospital since 2001.

THE MEDICAL TEAM:

The team comprises qualified neurosurgeons trained in Belgium, Switzerland, France and the United States, with different specialisations and equipped with solid scientific knowledge. They are members of the Société Belge de Neurochirurgie, Société de Neurochirurgie de Langue Française, American Association of Neurological Surgeons, Congress of Neurological Surgeons, Belgian Pain Society ... Neurologists and electrophysiologists specialists are also included in the team.
Ophtalmology Centre

- DESCRIPTION:

The Centre regroups a team of over 40 experienced ophthalmologists, specialised in eye diseases and surgery. Among the specialists some were pioneers in the development of phaco-ablation cataract surgery and intraocular lens implantation.

The Centre is equipped with state-of-the-art equipment allowing the specialists to practice the most advanced medical and surgical techniques.

Among these the Centre has a major technical support comprising phaco-emulsifiers, Yag and Argon lasers, a fluoroangiography unit, a Pantacam, a Zeiss OCT, biometry equipment (Zeiss IOLMaster) and type B ultrasonography, a computerised campimeter, etc.

- ACTIVITY:

With over 9,000 interventions / year, the Centre is a reference in Brussels.

The consultations provided concern general ophtalmology, ocular surgery (cornea, anterior and posterior chamber), retinal pathologies, inflammatory pathologies, eyelid pathologies, paediatric ophtalmology, etc.

The surgical team is particularly renowned for cataract treatment, as well as vitreous body and retinal detachment surgery: operations using gas or silicone injection; endocular laser; epiretinal membrane peeling, etc.

All the ophtalmologic emergencies are treated according to the international guidelines.
**Mother & Child Centre**

- **DESCRIPTION:**

Our mother and child centre encompasses our gynaecology / obstetric, maternity, high-risk pregnancy and neonatal services. We also have a multidisciplinary therapeutic approach centre dedicated to women: The Women’s Clinic.

We have a large panel of gynaecologists specialised in the different gynaecological and obstetric fields (adolescence, obstetric, menopause...), and numerous very specialised paediatricians.

The personalised approach allows future mothers to benefit from monitoring by their gynaecologist throughout their pregnancy.

The infrastructure has recently been renewed to provide greater comfort to our patients, to partners, babies and children. The birth rooms are bright and equipped to the comfort of the mother.

- **ACTIVITY:**

With more than 5,400 births per year, our Maternity Department can be considered as one of the most important in Belgium. The number of births continues to increase every year.

The medical and paramedical teams work together in a multidisciplinary spirit to provide suitable monitoring and treatment for our patients.
Medically Assisted Procreation Centre (MAP)

• **INFORMATION ABOUT THE CENTRE:**

The Chirec Medically Assisted Procreation Centre (MAP) offers a full range of developments and Medical Assisted Procreation treatments. The Centre has more than 20 years experience of assisted procreation technology. The Chirec's Assisted Procreation Centre performs the most Advanced methods including: IVF, ICSI, IMSI, Blastocyst culture, Assisted Hatching, Vitrification of embryos and ovocytes, sperm freezing.

• **INDIVIDUAL CARE:**

A referred doctor specialised in assisted procreation technology will follow and accompany the patient throughout the treatment. It starts from creating the patient's file, supervising the stimulation phase, collecting gametes, reimplanting embryos and overseeing the luteal phase.

• **OPTIONAL SUPPORT FROM A PSYCHOLOGIST:**

Psychological support can be provided to couples.

• **ANNUAL ACTIVITY:**

• 1.023 IUI cycles (intra-uterine insemination)
• 1.016 IVF and ICSI cycles (In Vitro Fertilisation and Intra Cytoplasmic Sperm Injection)

• **SPECIFIC INTERVENTIONS:**

Full examinations of male and female reproductive systems - Ovulation induction and endocrinial sterility treatments - Artificial insemination (intrauterine and intracervical) and sperm capacitation - In vitro fertilisation - Microinsemination: intracytoplasmic sperm injection (ICSI) - Cryopreservation of embryos and gametes

• **OPTIONS:**

Ovocyte donations - Embryo donations - Sperm bank - Social freezing - Testicular biopsies
Obesity Centre

- INFORMATION ABOUT THE CENTRE:

Obesity has become a serious public health problem. Its incidence continues to rise, even among children and teenagers. The basic approach to treatment combines strict dietary measures with radical lifestyle changes.

Unfortunately, the effects of this approach are often disappointing among the morbidly obese (BMI* > 35), as the results are slow and unpredictable (yo-yo diet effect). As a result, gastrointestinal surgery is becoming one of the main treatment options.

Bariatric, or weight loss, surgery owes its rapid increase in popularity to patients’ demand and to technological advances in surgery.

We perform procedures using laparoscopic techniques. This less invasive type of surgery reduces stress, cardiopulmonary morbidity (heart and lung problems) and after-effects on the abdominal wall (abscesses and ruptures), and allows any complications to be effectively monitored. Various procedures are possible, based on two principles: reducing gastric capacity (restriction) and reducing the absorption of sugar and fats (malabsorption). Some procedures combine the two.

The gastric bypass has become the gold standard of bariatric surgery. It combines the effect of restriction with malabsorption.

Patients lose up to 75% of their excess weight in the year following the procedure. Quality of life is excellent and the results are stable in the long term. Patients are hospitalised for 3 to 5 days.

The Chirec Obesity Clinic is a special unit created by a handful of digestive surgeons, who enjoys an international reputation in the field of laparoscopic, and particularly bariatric, surgery. The multidisciplinary team specialised in nutrition, psychology, internal medicine, gastroenterology and endocrinology.

This integrated set-up guarantees the patient medical, paramedical and administrative continuity, from diagnosis through to treatment and follow-up.

For further information, please check the centre’s website: www.chirecobesityclinic.com.

- SPECIFIC INTERVENTIONS:

Gastric Banding - Gastric Bypass (Roux-en-Y and B II) - Sleeve Gastrectomy - Duodenal Switch - BPD (Scopinaro) - REDO Procedures - Endoscopic Procedures
Chirec Cancer Institute (CCI)

- DESCRIPTION:
  The Chirec Cancer Institute (CCI) is the leading private cancer centre in Belgium. As a centre of reference, its objective is to offer cancer patients complete, multidisciplinary, state-of-the-art care and treatment at the leading edge of progress and based on international standards. The personalised approach ensures that the patient receives human and holistic care, is treated with the most appropriate and modern techniques, and provided with the most effective supportive care.

- ACTIVITY:
  The Centre takes care of more than 4,000 cancer patients per year. More than 15,000 patients are admitted yearly within the hospital group. Through the development of clinical research via the CCI2 (CCI Clinical Investigation Centre), the CCI plays a key role in the fight against cancer by providing access to the most recent drugs on the market.

- THE SPECIALISTS, MULTIDISCIPLINARY GROUPS OF PHYSICIANS:
  The CCI created 17 groups of physicians for the multidisciplinary follow-up of patients. These groups cover all pathological areas: gastrointestinal, thoracic, gynaeco-pelvic, breast, genito-urinary, skin, neurological, head and neck and rare tumours, and all cross disciplinary sectors: medical oncology, radiotherapy, nursing, imaging (radiology and nuclear medicine), pharmacy, clinical laboratory (pathological anatomy and clinical biology), and finally, supportive care.
  Supportive care includes the following sub-groups: psychologists, psycho-oncologists, psychiatrists, dieticians, continuing palliative care, pain, physiotherapists, beauty care, smoking cessation specialists, nutritionists, social services.
  The multidisciplinary groups systematically have gatherings known as COMs (Concertations Oncologiques Multidisciplinaires - Multidisciplinary Cancer Consultations) to define the best course of treatment for each patient, in each area of concern. They also work on all the quality processes put in place by the Chirec Cancer Institute.

- STATE-OF-THE-ART TECHNOLOGY:
  In addition to medical expertise, the Chirec has set out to acquire the most recent and advanced technologies such as: The Pet-CT scan, MRI (Magnetic Resonance Imaging), CT scan and the state-of-the-art devices in radiation oncology.
**Plastic Surgery Centre**

- **DESCRIPTION:**

Plastic surgery is a wide-ranging medical discipline that comprises two distinct but complementary types of procedures: cosmetic surgery and reconstructive surgery. Both are widely used in all Chirec hospitals.

**Cosmetic surgery**
Traditionally Chirec’s flagship surgical discipline, cosmetic surgery is performed in our hospitals, or extensive invasive surgery when required.

**Reconstructive surgery**
This discipline covers many different procedures such as correction of malformations - both congenital (existing at birth) and acquired - and after-effects of trauma, burns, reconstructive surgery after breast cancer and hand surgery.

All plastic surgeons at Chirec are fully trained and officially qualified as specialists in plastic surgery, both reconstructive and cosmetic. Most of them enjoy national and/or international renown.

Chirec provides its surgeons with state-of-the-art technical equipment (for both minimally invasive and invasive surgery), including operating microscopes, endoscopes and vibroliposuction equipment, allowing them to perform the most advanced, highly specialised and effective surgical procedures.

One of the distinctive features of the Chirec plastic surgeons is their vital liaison role with other medical and paramedical disciplines regarding various aspects of patient care, such as:

- Multidisciplinary consultations in the context of the breast treatment, skin or cervicofacial (head and neck) tumours;
- Multidisciplinary treatments in the case of reconstruction after some types of trauma;
- Aesthetic treatments involving dermatologists and medical cosmeticians.
• A new Hospital in Brussels
Our perspective 2017

A new Chirec Brussels Hospital in 2017

- OPENING PLANNED FOR 2017:

A modern hospital offering 500 beds, equipped with the latest technology, ideally situated, allowing us to respond optimally to the patients expectations.
Contact
• Chirec Contact for International Patients
Chirec Contact for International Patients

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