



TRAVEL MEDICINE QUESTIONNAIRE (TRAVEL CLINIC)

Please complete this form before your appointment and present it to the doctor.

IMPORTANT : Please bring your vaccination card or booklet with you.

Today's date:/...../20....

Your GP:

Patient's label



YOUR JOURNEY

Date of departure :...../...../20...

Return date :...../...../20...

Countries and regions to be visited:

Country 1 : Duration:

Country 2 : Duration:

Country 3 : Duration:

Do you plan to travel often in the future?

☐ Yes | ☐ No

Have you ever travelled to tropical countries?

☐ No | ☐ Yes (Which ones:.....)



Type of holiday:

- ☐ Tourism / Hotel / Holiday club
- ☐ Adventure / Backpacking / Homestay
- ☐ Visiting family or friends
- ☐ Humanitarian / Professional / Work placement / Expatriation

Specific activities planned:

- ☐ Diving
- ☐ Climbing
- ☐ High-altitude mountaineering (>2500m)
- ☐ Trekking



YOUR HEALTH

Do you have any ALLERGIES ?

- ☐ No | ☐ Yes
- ☐ Eggs | ☐ Latex | ☐ Vaccines
- ☐ Medicines (Please specify:))

For women:

Are you pregnant?

☐ Yes | ☐ No

Are you breastfeeding? ☐ Yes | ☐ No

Are you on the pill? ☐ Yes | ☐ No

Are you planning to become pregnant within 3 months of your trip? ☐ Yes | ☐ No

History:

Do you suffer from a chronic or serious illness?

.....

.....

Do you still have your spleen?

☐ Yes | ☐ No

Do you have a thymus problem?

☐ Yes | ☐ No

Have you ever had an organ transplant?

☐ Yes | ☐ No

Do you have HIV / AIDS?

☐ Yes | ☐ No

Have you ever had an operation? ☐ No | ☐ Yes

If yes, specify :

.....

Do you suffer from epilepsy ☐ , depression ☐ , anxiety ☐ or mental health issues ☐ ?

If so, please explain

.....



CURRENT TREATMENTS AND MEDICATION

Are you currently taking any medication?

-----	-----
-----	-----
-----	-----
-----	-----



YOUR VACCINATION HISTORY & MEDICAL HISTORY

Have you ever had:

Jaundice / Hepatitis A? ☐ Yes | ☐ No

Measles? ☐ Yes | ☐ No

Please state the date of your **LAST** injection for the following vaccines:

VACCINES	DATE (OR YEAR)	NUMBER OF DOSES RECEIVED (IF KNOWN)
Tetanus / Diphtheria / Polio		
Hepatitis A (Jaundice)		☐ 1 dose ☐ 2 doses ☐ 3 doses
Hepatitis B		☐ 1 dose ☐ 2 doses ☐ 3 doses ☐ 4 doses
Yellow fever		
Typhoid		
Measles / Rubella / Mumps (MMR)		
Meningococcal ACWY		
Rabies		
Japanese Encephalitis		
Tick-borne encephalitis (FSME)		
Covid-19		
Mpox (Monkeypox)		



MEDICAL CHECKLIST (TO BE COMPLETED BY THE DOCTOR)

Section reserved for the exclusive use of the doctor

1. Malaria prophylaxis :

- ☐ Atovaquone/proguanil
- ☐ Doxycycline
- ☐ Mefloquine
- ☐ No specific measures
- ☐ Provisional treatment

2. Vaccines administered today:

- | | | |
|---|---|---|
| ☐ STAMARIL | ☐ TYPHIM | ☐ VERORAB |
| ☐ AVAXIM | ☐ REVAXIS | ☐ VAQTA JUNIOR |
| ☐ BOOSTRIX | ☐ FSME-IMMUN | ☐ ENGERIX |
| ☐ BOOSTRIX POLIO | ☐ FSME-IMMUN JUN | ☐ ENGERIX JUN |
| ☐ POLIO | ☐ IMOVAX POLIO | ☐ TWINRIX |
| ☐ NIMENRIX | ☐ IXIARO | ☐ TWINRIX JUNIOR |
| ☐ QDENG | ☐ IXCHIQ | ☐ VIMKUNYA |

Other : _____

3. Patient information sheets provided & Advice given:

- ☐ Malaria / PPAV
- ☐ Diarrhoea / Faecal contamination
- ☐ Altitude
- ☐ Rabies / Zoonoses
- ☐ Travel first-aid kit
- ☐ Standby treatment

4. Prescription for dysentery / severe diarrhoea:

- ☐ Azithromycin
- ☐ Ofloxacin (if allergic to macrolides)
- ☐ Loperamide

5. High-altitude treatment:

- ☐ Diamox